

Breakfast Menu

Southern Middle School

March 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM



Monday

Tuesday

Wednesday

Thursday

Friday

4 Breakfast Pizza  
Very Berry 100% Juice



5 Homemade Muffins  
Pineapple Cup



6 Warrior Breakfast Bowl

7 Sausage, Egg and Cheese Sandwich
Fresh Apple

8 Green Machine Smoothie   
Fresh Apple



11 Maple Mini Waffles 
Diced Pear Cup



12 Sausage, Egg and Cheese Sandwich
Fresh Orange

13 Bacon, Egg and Cheese Wrap
Very Berry 100% Juice

14 Fruity Parfait  
Fresh Apple

15 Egg and Cheese Sandwich 
Mixed Fruit




18 Bacon, Egg and Cheese Breakfast Sandwich
Diced Peach Cup


19 Sausage, Egg and Cheese Sandwich
Diced Pear Cup

20 Yogurt Breakfast Pack  
Fresh Apple



21 Whole Grain French Toast Slices 
Mixed Fruit

22 Mini Cinnamon Pull Apart Roll 
Fresh Banana

25 Sausage, Egg & Cheese Burrito* 
Fresh Orange



26 Fruity Yogurt Parfait with Cereal   
Blueberries

27 **NO SCHOOL**
All cereals we offer are reduced sugar. Please note descriptions are listed as **Red.** on all of our menus.

28 **SCHOOL CLOSED TODAY**

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Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal Prices

Breakfast	free
Reduced	free
Adult Breakfast	\$1.95

All meals served with choice of assorted fresh fruit, 100% fruit juice and fat-free or low fat milk.

If you have questions or concerns, please contact The Food Service Office
717-235-4811 x 4550

